

RETIREMENT: THINKING IT THROUGH



Name _____

Date _____

Directions: Please indicate your thoughts and feelings about retirement by completing Exercises 1 and 2.

Exercise 1: Views about My Retirement

	Yes	No
1 I'm counting the days until I can retire.	<input type="checkbox"/>	<input type="checkbox"/>
2 I expect my retirement to be very different from what my parents experienced.	<input type="checkbox"/>	<input type="checkbox"/>
3 I don't want to retire "cold turkey".	<input type="checkbox"/>	<input type="checkbox"/>
4 I worry about not having enough money when I retire.	<input type="checkbox"/>	<input type="checkbox"/>
5 I wonder what I am going to do with my time when I retire.	<input type="checkbox"/>	<input type="checkbox"/>
6 I worry that Social Security will not be available when I retire.	<input type="checkbox"/>	<input type="checkbox"/>
7 I haven't thought much about what I want to do when I retire.	<input type="checkbox"/>	<input type="checkbox"/>
8 I like being productive and would like to continue working after I retire.	<input type="checkbox"/>	<input type="checkbox"/>
9 I'm worried that my health will fail when I retire.	<input type="checkbox"/>	<input type="checkbox"/>
10 I have a clear vision of how I will invest my time and energy when I retire from my current position.	<input type="checkbox"/>	<input type="checkbox"/>

Exercise 2: Personal Reflections

1. What I most look forward to about retirement:

2. What I am most concerned about in retirement:



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